

## DELIVERANCE FROM DEPENDENCY

*Proverbs 15:32*

### STEPS TO SOLUTION

#### A. KEY VERSE TO MEMORIZE

*For I am the Lord your God who takes hold of your right hand and says to you, Do not fear; I will help you. Isaiah 41:13*

#### B. KEY PASSAGE TO READ AND REREAD

##### Ten Truths about Temptation from 1 Corinthians Chapter 10

- #1 If you think you're standing \_\_\_\_\_, be careful you don't fall — *1 Corinthians 10:12*
- #2 If you think your trial is unique, clearly it is not — *1 Corinthians 10:13*
- #3 God won't let you be \_\_\_\_\_ beyond what you can bear — *1 Corinthians 10:13*
- #4 God will provide a way for you to withstand the test — *1 Corinthians 10:13*
- #5 Everything is permissible—not everything is \_\_\_\_\_ or constructive — *1 Corinthians 10:23*
- #6 Don't focus on yourself, but rather on the good of others — *1 Corinthians 10:24*
- #7 Don't violate the conscience of others; curb your \_\_\_\_\_ for their sake — *1 Corinthians 10:29*
- #8 Whatever you eat or drink, do it all for the glory of God — *1 Corinthians 10:31*
- #9 Do not cause anyone to \_\_\_\_\_ by your actions — *1 Corinthians 10:32*
- #10 Seek the good of others so that they might be truly saved — *1 Corinthians 10:33*

*Ephesians 5:18*

#### C. DELIVERANCE FROM DEPENDENCY

Just as chemical dependency does not \_\_\_\_\_ overnight, neither does deliverance from dependency occur overnight. There is a sequence of events that leads people into \_\_\_\_\_ and another sequence that leads people into \_\_\_\_\_.

#1 \_\_\_\_\_ YOU ARE POWERLESS OVER YOUR DEPENDENCY

"I am unable to manage my life—I cannot control my life."

- **Accept** your dependent condition and your vulnerability to chemical addiction.
- **Acknowledge** your inability to \_\_\_\_\_ your life and to overcome your drug dependency.
- **Articulate** to God your total inadequacy and your great need of \_\_\_\_\_ power in your life.

2 Corinthians 1:9

## #2 \_\_\_\_\_ THAT THE GOD WHO MADE YOU HAS THE POWER TO RESTORE YOU

"I am asking Christ to be my Redeemer, to restore every area of my life."

- **Accept** the \_\_\_\_\_ of Christ Jesus in your life as your Master, Ruler and Owner.
- **Acknowledge** your \_\_\_\_\_ for God to comfort you and to restore you to wholeness.
- **Articulate** your gratitude to God for His \_\_\_\_\_ power operating within your mind, will and emotions, and thank Him for what He plans to do in and through your life.

Psalms 71:20-21

## #3 \_\_\_\_\_ YOUR WILL TO THE WILL OF THE LORD.

"I am asking Christ to take control of my life."

- **Accept** the fact that your sinful nature died on the cross with Jesus and that sin (your addiction) is to no longer \_\_\_\_\_ your life.
- **Acknowledge** the devastation that has resulted from your self-willed living in the past.
- **Articulate** your determination to stop your self-willed living and your decision to \_\_\_\_\_ your will to the Lord.

Matthew 16:24-25

## #4 \_\_\_\_\_ REALITY — FACE YOUR TRUE SELF.

"I will look honestly at my life, asking God to uncover my sins and character flaws."

- **Accept** the truth that you have \_\_\_\_\_ yourself about your chemical dependency and your desperate need for help.
- **Acknowledge** your reluctance in the \_\_\_\_\_ to face the truth about your sinful choices and patterns.
- **Articulate** to God and to others your willingness to know the truth about yourself and your commitment to honestly \_\_\_\_\_ your life, your strengths and your weaknesses.

Psalms 139:23-24

## #5 \_\_\_\_\_ YOUR STRUGGLE WITH SIN, BOTH TO GOD AND TO SOMEONE ELSE.

"May I see my sin as God sees it and hate my sin as God hates it."

- **Accept** the depth and the duration of your struggle with chemical dependency.
- **Acknowledge** to a supportive person the power that the bondage to drugs has had over you, and \_\_\_\_\_ your present commitment to freedom.
- **Articulate** to both God and a friend your desire to overcome your chemical dependency and to live in the \_\_\_\_\_ Jesus secured for you at Calvary.

1 John 1:8

## #6 \_\_\_\_\_ ACCEPT GOD'S HELP TO CHANGE YOUR PATTERNS OF THE PAST.

"I will commit my life into the care of Christ."

- **Accept** your limitations and your need for \_\_\_\_\_ in changing your unhealthy patterns of dealing with life.
- **Acknowledge** your frailty and the feebleness of your \_\_\_\_\_ and self-effort to effect change.
- **Articulate** to God your helplessness and your \_\_\_\_\_ to cooperate with Him as He changes you from the inside out.

1 Peter 5:6-7

## #7 \_\_\_\_\_ YOUR DEFECTS AND DAILY FAILINGS.

"I'm willing to see myself as God sees me."

- **Accept** that you are not perfect and that you will \_\_\_\_\_ at times despite your good intentions.
- **Acknowledge** your failures immediately and \_\_\_\_\_ them to God and to those you have offended. Then correct your course.
- **Articulate** any sins and shortcomings to God on a \_\_\_\_\_ basis, and claim His forgiveness and cleansing.

Psalms 51:10-12

## #8 \_\_\_\_\_ FORGIVENESS OF THOSE OFFENDED.

"I will find those whom I've hurt and from my heart ask forgiveness."

- **Accept** your need to ask forgiveness of anyone you offend, even though you may have been offended yourself.
- **Acknowledge** your great need of God's mercy and grace and your \_\_\_\_\_ to extend mercy and grace to others.
- **Articulate** to both God and those you have offended your grief and regret and your resolve to change in the areas where you need to change.

Matthew 5:23-24

## #9 \_\_\_\_\_ RESTITUTION WHERE YOU HAVE WRONGED OTHERS.

"I will make amends and go to do so with the help of God."

- **Accept** your obligation to do whatever is within your power in order to right your wrongs.
- **Acknowledge** to God and to those whom you have wronged your \_\_\_\_\_ to make amends in any way possible.
- **Articulate** your responsibility to make \_\_\_\_\_ and your commitment to repay whatever debt you owe, whether it's money or labor, correcting a lie, showing respect or extending love.

Ezekiel 33:15-16

## #10 \_\_\_\_\_ A CLEAN SLATE WHEN YOU REALIZE YOU HAVE BEEN WRONG.

"Each day I will take responsibility for my irresponsibility."

- **Accept** your charge to keep a clean slate before God and every person.
- **Acknowledge** each and every failure in order to live as God would have you to live.
- **Articulate** each failure to God on a moment by moment basis, making no excuses, but

\_\_\_\_\_ to living a self-controlled, Spirit-empowered life.

Titus 2:11-12

### #11 \_\_\_\_\_ AND KNOW GOD'S PATH FOR YOUR LIFE.

"I want to be led by the Lord and to be put only on His path."

- **Accept** your new dependence on God and your \_\_\_\_\_ need to communicate with Him through Bible study and prayer.
- **Acknowledge** your need to have the \_\_\_\_\_ support of others to know God's truths and God's ways.
- **Articulate** to God your desire to be what He wants you to be and to do what He \_\_\_\_\_ you to do.

Psalms 25:4-5

### #12 \_\_\_\_\_ TO OTHERS WITH YOUR HAND AND YOUR HEART.

"I will care for those who need care and will help with a heart of compassion."

- **Accept** your need of others and their need of you.
- **Acknowledge** your giftedness from God and His mandate to use your God-given gifts to \_\_\_\_\_ others in tangible, practical ways.
- **Articulate** ways God may be leading you to minister to others and ask for His confirmation and for the guidance of \_\_\_\_\_ Christians who can help you to reach out to others.

Galatians 6:2

## D. SEVEN DON'TS FOR DELIVERANCE

As you go through the process of deliverance from dependency, knowing what \_\_\_\_\_ to do can be just as helpful as knowing what to do.

#1 **Don't** \_\_\_\_\_ addiction on your own. Participate in a legitimate drug recovery program.

Ecclesiastes 4:9-10

#2 **Don't** be \_\_\_\_\_ about your ability to lie to yourself and to others!

Jeremiah 17:9

#3 **Don't** socialize with those who \_\_\_\_\_ your habit.

1 Corinthians 15:33

#4 **Don't** worry about the future. Walk with God one day at a time.

Matthew 6:34

#5 **Don't** give up if you \_\_\_\_\_. It is never too late for you to get back on track.

1 John 1:9

#6 **Don't** become prideful as you succeed in the recovery process.

Proverbs 16:18

#7 **Don't** be \_\_\_\_\_ at temptation!

1 Corinthians 10:13 Revelation 2:4-5

## NEXT WEEK: Ten Spiritual Tips for Recovery