



CONNECTED AS ONE

SESSION 4

Connected Through Words

EPHESIANS 4:25-32

- Words can _____ or they can _____ up.
- Righteous anger is anger towards the things that make _____ angry.
- Unrighteous anger looks out for _____.

QUESTION: *How can the commands in verses 25-32 influence the ways we deal with anger?*

- When we speak words of _____ God's grace can flow through us as _____ to our brothers and sisters in Christ, giving them exactly what they need.
- We have the opportunity to either _____ God or disappoint Him though our _____.
- We have been _____ from malicious talk, slander, and ill treatment of _____.
- Christ is our _____ for behavior.

QUESTION: *What habits, and choices will empower us to make the changes commanded in verses 31-32?*

LIVE IT OUT:

- ✦ **Speak Positively** - Look for opportunities where your words can encourage, motivate, give hope, provide guidance, or even just make someone smile.
- ✦ **Memorize Psalms 19:14** - Pray this verse each morning as you prepare for the day ahead. Let it guide your speech.
- ✦ **Resolve your Dishonesty** - Identify a person with whom you have been dishonest in recent months. Confess your deception, request forgiveness, and affirm your commitment to honest speech moving forward.

NEXT WEEK: Connected In Service Part One