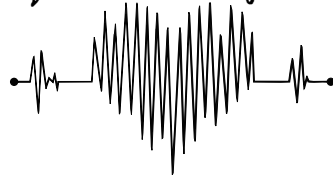


KEEPING THE BODY (CHURCH)



HEALTHY

(Ephesians 4:7, 11-16)

A. BUILDING UP THE BODY OF CHRIST

1. Unhealthy Saints
 - a.) What is missing? “Body Life” (Eph. 3:18-19)
 - b.) Change the rhythm (Jn. 13:34-35)
 - c.) Two-fold witness (Reaching and Impressing) (Mt. 18:16)
2. Fulfilling Christ’s Law (Gal. 6:2) (Jn. 13:34)
 - a.) Bearing one another’s burdens:
 - 1.) In prayer for another
 - 2.) In time with another
 - 3.) In commitment to another
 - b.) Confessing Faults (James 5:16)
 - 1.) Admit weaknesses
 - 2.) Acknowledge failures
3. Restoration of Koinonia (Fellowship)
 - a.) The gift of encouragement
 - 1.) A listening ear
 - 2.) An understanding heart (Eph. 4:15)
 - 3.) Paying attention to what is in front of us
4. Unloving Silence (Prov. 27:6; Gal. 6:1; Jn 13:14-15, 7)
5. Joined and Knit Together (Eph. 4:15-16)
 - a.) Growth in maturity:
 - 1.) Accept the ministry of other Christians to yourself
 - 2.) Harmony: Do not reject God’s instruments

Ephesians 4:16 Message Bible

“There will be pain at times but through the pain will come growth!”

PRAISE CENTER CHURCH

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